



# Personal / Group Fitness Training in Public Open Space

## Conditions for Commercial

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### Fees

Applicants must pay the calendar year (1 January – 31 December) registration fee, in full, prior to the commencement of training. Applications submitted mid-year are not entitled to a pro-rata fee, the full registration fee is required. It is payable in advance in the manner and form directed by Council. The permit will not be issued until payment is made.

Group sizes for fitness training must not exceed 20 people, otherwise it requires a sports field hire booking. Group sizes for water based recreational activities vary dependent on activity type.

### Conditions of use

- Fitness activities will be permitted from 6.00am in certain parks (see table for list of parks). Noise generating fitness activities such as boxing, use of kick pads and voice commands are required to be located 40m away from residential properties.
- In other park & reserves (adjacent to neighbouring properties or where there is an amphitheatre effect) noise generating fitness activities will only be permitted after 8:00am.
- Group fitness activities will be permitted up to 8.00pm.
- Must only operate in the locations specified in the licence agreement/approval and must not exceed the maximum numbers specified on the permit.
- Permit must be in possession of the applicant and on-site at all times.
- Must not display any advertising signage, including A-frame signs or banners.
- Must respect the use of public spaces by other members of the community and not adversely impact upon them through offensive behaviour.
- Must not misuse any park furniture, trees or other infrastructure for the purpose of performing exercises or attaching fitness equipment or in any other inappropriate manner (that is, for any purpose other than for what it is designed).
- Must indemnify Woollahra Council and be solely liable for any claim, suits or judgements against Council and the applicant for personal injuries and property damages arising out of or occurring during the activities of the applicant or otherwise.
- Must comply with reasonable directions of Council Rangers and Officers in relation to any actual or potential conflicting activities or to display evidence of the licence agreement/ approval.
- Must not undertake commercial activities other than those specified in the permit, in particular, must not sell clothing, equipment or refreshments or any other goods, services or products.
- Must not use sporting fields sign-posted as closed due to wet weather or ground maintenance.
- The hiring of sports grounds to sporting clubs, schools and hirers has priority over Commercial Fitness Training Activities.
- The issuing of a permit to conduct Fitness Training Activities at sports ground locations, does not allow exclusive use of the venue.
- No sound amplification of any kind is to be used including loud hailers or megaphones. Noise from training activities must not create unreasonably disturbance to other users and adjacent residents.
- Bookings of more than 2 continuous hours will not be permitted.
- No waste is to be left in the Park at the conclusion of the Park Hire. All rubbish must be removed and the area left in a clean and tidy condition. Operator or client vehicles must not be parked on Council's parks or reserves or upon grass verges or footpaths.
- Do not block private or public driveways. All parking of equipment trucks must comply with the signage existing in the street.
- No trees, shrubs or other vegetation must be removed, lopped or damaged.

## Excluded areas

Some areas are excluded from use for personal training and group fitness activities:

- Playgrounds
- Public Exercise Stations
- Café's
- Turf Wicket area of Trumper Oval
- Memorials
- McKell Park
- Blackburn Gardens
- Murray Rose Pool and Redleaf grounds including boardwalk, stairs and paths, but excluding Swimming Area and Handball Court
- Chiswick Gardens
- Environmentally sensitive areas such as bushland and foreshore areas
- Other areas may be deemed inappropriate from time to time by Council decision, based on demonstrated adverse impacts.

## Parks permitted for fitness training from 6:00am and to be conducted 40m from residential properties

(including noise generating fitness activities such as punch pad training, boxing, use of kick pads and voice commands)

- Bellevue Park
- Christison Park
- Lighthouse Reserve
- Lough Playing Fields
- Lyne Park
- Robertson Park
- Rushcutters Bay Park
- Signal Hill Reserve
- Steyne Park
- Woollahra Oval 2/3
- Yarranabbe Park

## Childrens' Fitness Training

- Childrens' sports-based training is restricted to children under six (6) years of age – ie non-school or pre-school-ages children.
- Children's sports-based training may only be conducted outside of normal school hours.
- The use of any of Council's playing fields for any other purpose, outside of the above criteria (such as sports camps or a group size greater than 10 etc) requires the appropriate sports field hire permit, and relevant fees.

## Wet weather

Woollahra Council has a recorded message advertising whether sports grounds are open or closed. In the event of wet weather, user groups should call Woollahra Council Wet Weather Line – (02) 9391 7916. You must abide by Council's Wet Weather Policy.

Must not use parks / sporting fields that are closed due to maintenance.

The below conditions of hire are to be complied with whenever Council managed land is used for recreational water sports. Eg. Kayaks, Scuba Diving, Stand Up Paddle Board. **Recreational Water Sports Conditions of Hire:**

- Demonstrations and safety instructions prior to classes, tours and/or races may be conducted in approved areas. You must only operate in the locations specified in the Consent.
- No equipment is to be stored on Council managed land, foreshore or parks.
- The use of an A-Frame displaying safety instructions and identifying the meeting point is permitted in an approved location for half an hour prior to each class, tour and/or race. It must not impede pedestrian traffic, and must be removed and relocated off-site at all other times.
- A-Frames or personnel are not to be located in the park at any time for the sole purpose of promotion, advertising or "flyering" to the public. Approved areas are not to be used as a point of sale.

- Must not undertake commercial activities other than those specified in the permit, in particular, must not sell clothing, equipment or refreshments or any other goods, services or products.
- Class sizes are to be a maximum of 16 students, with a minimum student to instructor ratio of 8:1 (scuba)
- Class sizes are to be a maximum of 10 students, with a minimum student to instructor ratio of 8:1 (kayak & Stand Up Paddle Board)
- Only one class is to be conducted at any given time. Multiple classes in one day are to be spanned evenly across the day.
- 'Pre-Dive' swim tests and 'Rescue Dive' exercises are prohibited.
- Classes, commercial groups and other associated activities are prohibited from being conducted in enclosed swimming areas such as, but not limited to, Watsons Bay Baths, Camp Cove swimming enclosure, Parsley Bay and Murray Rose Pool (Formerly Redleaf Pool).
- Council must sight a copy of the Aquatic Licence issued by Roads and Maritime Service (RMS) (kayak & Stand Up Paddle).
- Adherence to Academy Surfing Instructors accredited Stand Up Paddle school operating standards is required.
- All recreational scuba diving classes and activities must be in accordance with the Australian Standard, and accredited training agency standards (ie. PADI, SSI, NAUI)
- All operators are required to adhere to relevant industry standards.
- A Risk Management Plan and Emergency Response Plan must be in place for each activity or class.
- It is a requirement that the instructor or person supervising holds the following qualifications: RLSSA Bronze Medallion award, or the equivalent industry qualifications from a registered training organisation, updated annually; and NSW WorkCover Authority approved Senior First Aid, or the equivalent in competencies, updated every three years.
- Permits will not give rights to exclusive use of a park or reserve.
- Must respect the use of public spaces by other members of the community and not adversely impact upon them through offensive behaviour.
- Must indemnify Woollahra Council and be solely liable for any claim, suits or judgements against Council and the applicant for personal injuries and property damages arising out of or occurring during the activities of the applicant or otherwise.
- Must comply with reasonable directions of Council Rangers and Officers in relation to any actual or potential conflicting activities or to display evidence of the licence agreement/ permit.