



www.woollahra.nsw.gov.au
www.waverley.nsw.gov.au
For further enquiries contact us at:
This map is a joint project of Waverley and Woollahra Councils.
www.nsw.cycling.org.au
Cycling NSW (02) 9738 5850
Cycling Club www.sydneycyclingclub.org.au
Sydney
Bicycle NSW (02) 9218 5400
www.bicyclensw.org.au
BIKEast
www.bikeast.org.au

Contact your local bicycle user group (BUG), riding groups or a sports/racing club:
Bicycle NSW (02) 9218 5400
www.bicyclensw.org.au
Sydney
Cycling Club www.sydneycyclingclub.org.au
Cycling NSW (02) 9738 5850
www.nsw.cycling.org.au

WANT MORE RIDING OR TRAINING INFORMATION?

- A cyclist also has the right to:
 - wear an approved helmet, worn correctly
 - use front and rear lights that are visible from 200m when riding at night
 - have a working bell or horn
 - travel to the front of a line of traffic on the left-hand side of the stopped vehicles
 - travel in Bus Lanes and Transit Lanes
 - cycle on the footpath if the cyclist is less than 12 years old and the adult is riding in a supervisory capacity.

IT IS COMPULSORY TO:

- wear an approved helmet, worn correctly
- use front and rear lights that are visible from 200m when riding at night
- have a working bell or horn
- travel to the front of a line of traffic on the left-hand side of the stopped vehicles
- travel in Bus Lanes and Transit Lanes
- cycle on the footpath if the cyclist is less than 12 years old and the adult is riding in a supervisory capacity.

CYCLING RULES AND RIGHTS

RIDE 1 BONDI BEACH AND ROSE BAY 11km Easy

This ride visits famous Bondi Beach, traversing the relatively flat land through to Rose Bay on Sydney Harbour, and then back to Bondi Junction via Bellevue Hill. The ride starts and finishes in the Oxford Street Mall not far from Bondi Junction railway station.

At Bondi Beach you can take a break and enjoy the excellent cafés or go for a swim, if the weather and surf conditions are good. Plumer Road is also an ideal spot to take a break. Try one of the patisseries, cafés, confectionery or ice cream shops. The return journey takes you past some of the most expensive real estate in the country and fabulous views of Manly, Sydney Harbour and east to the Pacific and Bondi Beach.

LEGEND

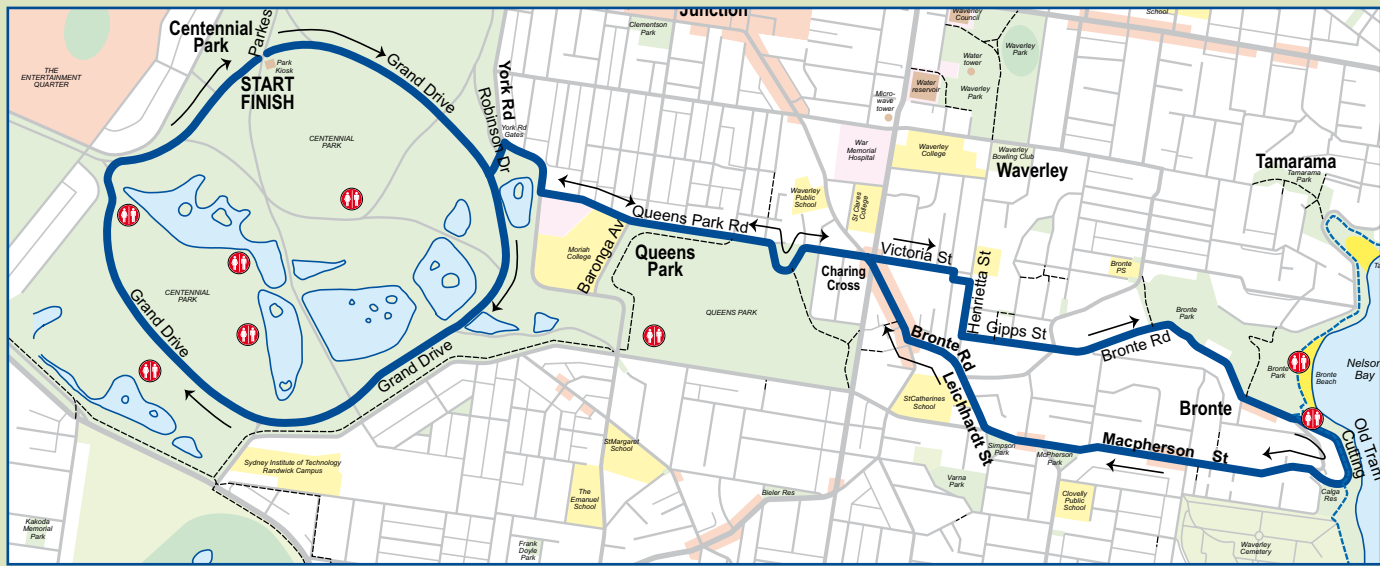
Public toilets



RIDE 3 CENTENNIAL PARK TO BRONTE 11km Easy

This tour links the green expanse of Centennial Park and Queens Park to the blue Pacific at Bronte. Start on Grand Drive at the Park Kiosk – always a good place for a coffee or a sit down lunch – then head east to Robinson Drive, exiting the Park through the York Road gates.

The ride takes you past historic Bronte House to the café strip at Bronte Beach. Bronte Park is a favourite family picnic spot during the summer months. Take a break in the shade or enjoy a cool dip before taking in the ocean views around Bronte headland via the old tram cutting. The return journey includes a final lap of the 4km Grand Drive circuit.

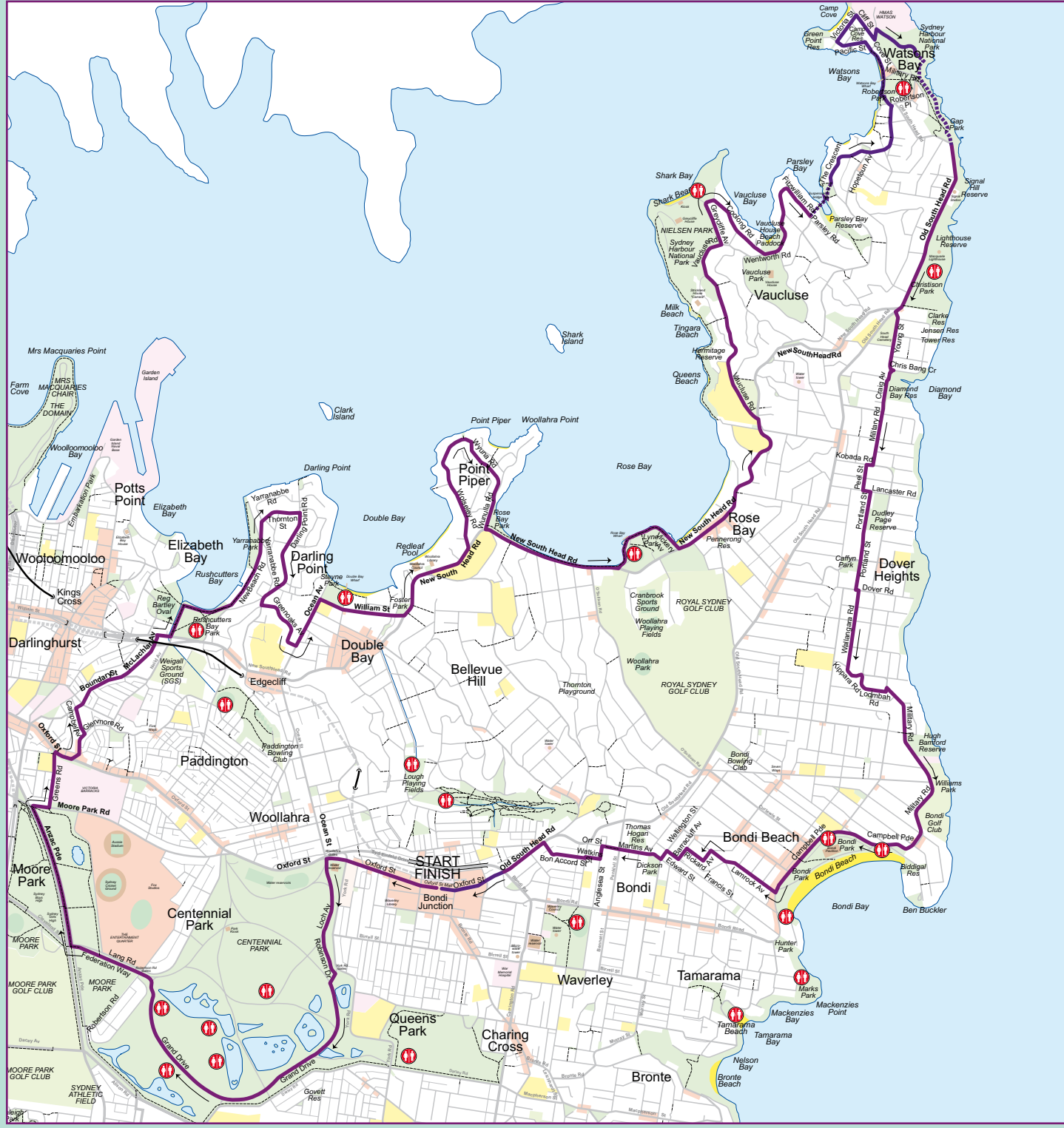


RIDE 4 A GRAND TOUR OF SYDNEY'S EAST 32km Moderate

This circuit takes in all the major sights of Sydney's East. This scenic ride provides magnificent views of Sydney Harbour, its beaches and suburbs at almost every turn (and hill). The ride is scattered with excellent cafés and restaurants.

The grand tour begins and ends at the Oxford Street Mall in Bondi Junction. After an initial ride through Centennial Park, the route passes Victoria Barracks then descends to the harbour, taking in Rushcutters Bay, Darling Point, Point Piper and the seaplanes moored at Rose Bay. This small wharf was Sydney's first international airport in the days when large seaplanes flew from Sydney to Europe and beyond.

After climbing Heartbreak Hill – well known to participants in the popular City to Surf run – the ride continues to the delightful beach at Nielsen Park and the timber-decked suspension bridge over Parsley Bay. Both are excellent spots for a picnic. Then continue on to Watsons Bay ferry wharf, with the famous Doyle's restaurant, and then to the one and only Bondi Beach. You could stop at Bondi Beach for a swim or coffee and a bite to eat at one of the many cafés, bars and restaurants, before the final ascent to Bondi Junction.

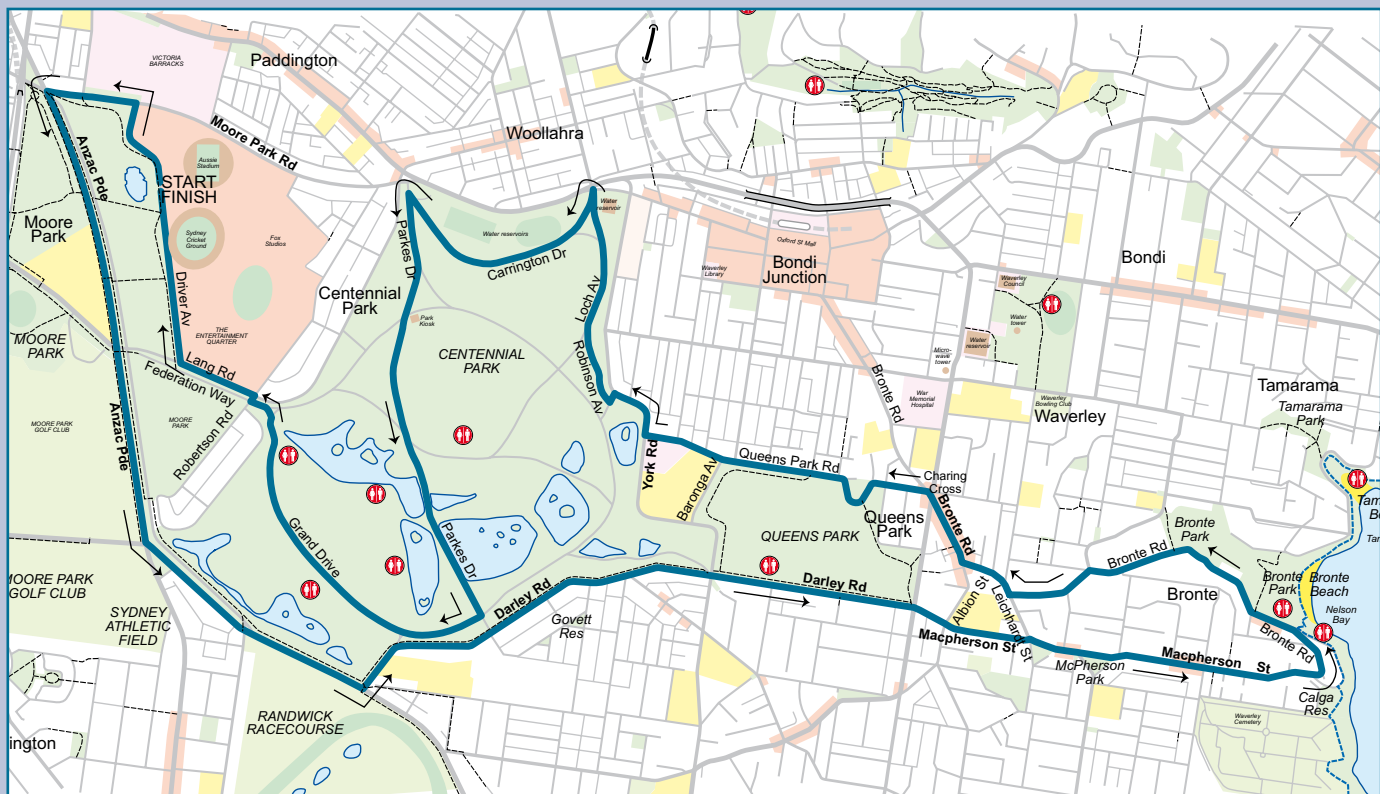


RIDE 5 2000 SYDNEY OLYMPIC ROAD CIRCUIT 17km Moderate/Hard

One of the most exciting events in the Eastern Suburbs was the 2000 Olympic road race. An elite group of international riders took on the route between Moore Park and Bronte Beach (men completed fourteen circuits, women seven) cheered on by thousands of Sydneysiders and visitors.

It is still possible to ride almost all of this route in the same direction as it was ridden in 2000. The route mapped here is slightly shorter than the original because some one-way streets were reversed for the race. This route uses mostly main roads and is suitable for experienced sporting/fitness riders.

Recommended coffee/rest stops are at Bronte Beach, Bronte Road shops, Waverley, Centennial Park Kiosk and, on weekends, the coffee cart near the duck ponds off Parkes Drive in the centre of Centennial Park. The route starts and finishes outside the entrance to Aussie Stadium in Driver Avenue, Moore Park. Remnants of the timing strip can still be seen on the asphalt.



Cycling in Waverley & Woollahra

This is one of the most beautiful areas of Sydney with breathtaking harbour and ocean views and some of the best beaches in the world. It is definitely an area worth exploring and what better way to do this than on a bicycle?

Here are five rides, graded for varying levels of experience and fitness, to get you started. Where possible, the rides numbered 1 to 4 use quieter local streets, shared paths and bike lanes. Ride 5 has been designed for road bike riders and this route follows major roads with a good riding surface but with traffic at peak times.

The recommended travel direction for each ride is based on a number of factors: morning peak traffic flows; one-way streets; hill gradient; and ease of turning at intersections. These rides are not recommended for travel in the reverse direction.

The best time of day to do all rides is early morning or weekends when traffic volumes are lowest and the sun's rays are less harsh. We recommend you avoid the commuter peak times. Bondi Junction and Bondi Beach can experience high levels of motor vehicle traffic on weekends particularly during the warmer months.

For more detailed descriptions of the rides go to Waverley and Woollahra Councils' websites:

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THE RIDES

1	Bondi Beach and Rose Bay	Easy	Recreational/family	11 km
2	Paddington to Darling Point	Easy	Recreational/family	7 km
3	Centennial Park to Bronte	Easy	Recreational/family	11 km
4	A grand tour of Sydney's East	Moderate	Recreational/fitness	32 km
5	Sydney Olympics Road Circuit	Moderate/Hard	Fitness/sport riders	17 km

RIDE 2 PADDINGTON TO DARLING POINT 7km Easy

This ride explores Paddington and the harbourside residential areas of Edgecliff and Darling Point. Starting and finishing at Oxford Street, opposite the Paddington Army Barracks, the ride takes you along Paddington Street, one of the most magnificent streets in the East. Lined with plane trees and small leaf figs, it is an excellent example of a 19th Century Victorian terrace neighbourhood lovingly restored by its most recent residents.

The intersection of Paddington Street and Jersey Road is the highest point on the route. From here you coast down Thorne Street, lined with renovated workers' cottages. The route then winds through Darling Point, past magnificent mansions and highrise apartments, to Rushcutters Bay Marina, boasting views to the Harbour Bridge and Opera House. The return to Bondi Junction is a beautiful but challenging and steady uphill ride via The Five Ways to Oxford Street.



cycling
in WAVERLEY
& WOOLLAHRA

Cycling in Waverley & Woollahra

Legend

- Schools, colleges and universities
- Retail, cafes and entertainment
- Government buildings
- Parks and privatised open space
- Commercial or industrial usage
- Bicycle shop, shop with bike hire
- Rail/bus interchange, Ferry wharf
- Railway, station underground
- Walking path

Scale (kilometres)

0 0.1 0.2 0.4 0.5

5 minutes ride

10 minutes ride

1km

1.3km

2.0km

2.5km



Ride carefully

The routes on this map use some off-road paths shared with pedestrians, but mostly you will be riding on roads shared with other vehicles, so please always take care. The legend above shows you which roads are likely to be busy, particularly at peak times. Waverley and Woollahra Councils are committed to developing a comprehensive bicycle network to make it easier to get around Sydney's East.

This map contains incorrect information showing a route around the perimeter of the Royal Botanic Gardens. Please dismount from your bicycle while in the Royal Botanic Gardens as cycling is prohibited in this area. Cycling is permitted on Art Gallery Rd and Mrs Macquaries Rd.

Key to bicycle routes

- Main bicycle routes on high-traffic streets
- Main bicycle routes on low-traffic streets
- Main bicycle routes off-road or shared paths
- Local bicycle routes on high-traffic streets
- Local bicycle routes on low-traffic streets
- Local bicycle routes off-road or shared paths
- Coastline Cycle Route - South Head to Botany Bay

Getting the most out of this map

The bicycle routes on this map offer comfortable and direct ways of getting around Sydney's East by bicycle using existing roads and paths. Some roads have bicycle lanes while others don't. Roads have to be shared with motor vehicles and paths with walkers.

Busy roads are shown in a different colour. Road conditions vary according to time of day and day of week. Some roads may only be busy in peak hours and in one direction so pick your route to suit conditions.

Though the area is hilly, the routes can be easily managed on most modern bikes with gears. The most heavily trafficked roads usually follow ridgelines and the easiest grades, so short steep sections are often necessary to avoid the traffic.

Your bicycle is the ideal short distance vehicle. On the flat you can easily ride 2.5 kilometres in 10 minutes - add more time for up hills. Of course you will get there even quicker if your route is mostly downhill. Bondi Junction to the City is less than 5km. It's almost all downhill, so, depending on your route, you can usually ride there in under half an hour door-to-door.



Waverley

Council