

Youth Services Forum Minutes

Tuesday 10 November 2020 10am to 11am via Zoom

All correspondence to: Community Development Team PO Box 61 Double Bay NSW 1360

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1. PRESENT & APOLOGIES

Present:

Kira Brandt JewishCare
Jamie Adams JewishCare
Julie MacColl Ascham School
James Bowles The Scotts College

Brenna Harding The Deli Women and Children's Centre

Carole Schlessinger Kids Giving Back

Karen Hamilton REELise

Staff:

Rachel Bangoura Community Development Officer

Michelle Plant Woollahra Libraries, Youth Engagement Officer

Apologies:

Mayor Wynne (Woollahra Council), Councillor Maxwell (Woollahra Council), Paul Kelly (Beaches Outreach Project), Liesl Holmes (Headspace), Rabbi Kastell (Jewish House), Judith Schulz (Circles of Learning), Caitlin Dixon (South Eastern Sydney LHD), Sarah Smith (South Eastern Sydney LHD), Jane Sanders (The Shopfront), Ellen Heathwood (Stride)

2. MATTERS ARISING FROM PREVIOUS MINUTES

Action: Woollahra Libraries to confirm purchase of Dr Danielle Einstein's 'The Dip' (Michelle Plant)

Michelle has since confirmed that the Library has already purchased the book.

3. GUEST SPEAKER – Brenna Harding, Project Manager - The Deli Women and Children's Centre

Project Manager, The Deli, supporting the delivery of 5 workshops in partnership funded by CESPHN and created in partnership the ESDVN, Hope Believe Shine Foundation, and Randwick, Woollahra, Waverley and Bayside Councils, including 2 that are targeting Youth – Managing Angry Adolescents Differently (MAAD) and Re-Navigating Anger and Guilty Emotions (RAGE).

The programs are:

- 1. 'We're Better Than That' a series of videos featuring high profile local men talking about respect for women and calling out violence against women and children: www.facebook.com/WereBetterThanThatAUS
- 2. 'Making Waves against Domestic Violence'—information session and morning tea to support hairdressers and barbers to identify and support clients who may be victims of domestic violence.

- 3. Youth targeted programs:
 - a. 'Managing Angry Adolescents Differently' (MAAD) a 1 day train the trainer workshop on 16 February 2021, Prince Henry Centre, Little Bay to support teachers/carers/caregivers to understand what lies behind adolescent anger and the triggers. Teachers can get professional credit points for completing the training. There is an expectation that organisations that have completed the training will deliver workshops within the community some funding available to support this delivery.
 - b. 'Re-Navigating Anger and Guilty Emotions' (RAGE) a 6 week program of workshops where youth participants aged 11 17 years explore anger. Commencing 9 February 2021, Prince Henry Centre, Little Bay, the focus is self-awareness and physical signs of anger using a strength base approach, with a key element of providing positive feedback to participants.

EOI for both of these is https://bit.ly/32vAHgT

- 4. Motivating Action Through Empowerment (MATE) a 3-day bystander train-the-trainer workshop to empower organisation to be leaders against gender-based violence. Designed to be empowering for members, the workshops will be held on the 1st, 2nd and 3rd of February 2021 at Prince Henry Centre, Little Bay. EOI: https://bit.ly/3hW9Hvl
- 5. 2 x 'Service and Community Expos' to consolidate learning and promote new service programs.

For more information about any of the above programs, contact Brenna at projects@thedeli.org.au

4. DISCUSSIONS FOLLOWING GUEST SPEAKER

How will The Deli promote the programs?

- Through existing networks
- Social Media
- Support of local Councils
- Experiencing some difficulty with gaining interest in the hairdressers and barbers workshops. Visiting rather than cold calling hairdressers and barbers might be a more effective way of engaging interest in the workshop.

James Bowles, The Scotts College

- The Scotts College would be very interested to get involved on some level.
- There has been a noticeable change in the boys 'locker room' conversations over the years for the better.

Kira Brandt, JewishCare

• Love Bites is another initiative which teaches respectful relationships for all young people and has bystander awareness and training components. JewishCare is running

it in at Reddam, Moriah, Emanuel and Masada next year and running it at Masada this month. If you would like more information please contact Kira at k.brandt@jewishcare.com.au

Michelle Plant, Woollahra Libraries

• Perhaps there could be some opportunity for working with the Libraries across different Councils to deliver or promote programs to the Community.

Top Blokes (example of another related program)

- mentoring program for young men working with men from 10 24yrs old.
- Aims to improve young men's relationships with themselves and those around them.
- Provides roll modeling for young men.
- Addresses issues such as mental health, communication, masculinity, risk taking. https://www.topblokes.org.au/

5. INFORMATON SHARE AND SERVICE UPDATES

Karen, REELise

- REELise Film Festival 2021 sharing stories from youth regarding the rise in online abuse and cyber bullying. COVID has impacted the delivery of the Festival this year. REELise would like to focus on a more diverse range of experiences reflected in the films presented so would love organisations to help spread the word through youth networks.
- Information share about 'International Day of Pink' 14 April 2021. A Canadian campaign aiming to raise awareness of bullying, discrimination, homophobia and transphobia.

For more information about the REELise Film Festival contact Karen, <u>karen@reelise.org.au</u>

Michelle Plant, Woollahra Libraries

• Virtual games world for International Games Week, including a Digital Escape Room:

 $\underline{https://www.woollahra.nsw.gov.au/library/whats_on/digital_events/for-everyone}$

6. ANY OTHER BUSINESS

None.

7. DISCUSSION REGARDING FORUM DATES FOR 2021

As it is still unknown what COVID restrictions will be in place in the New Year, future YSF meetings may be either online or face to face. Kira Brandt and Julie MacColl voiced a preference for face to face.

Suggested topics for discussion were financial support and job access for youth. Might be useful to have someone from Centrelink attend.

Action: Rachel to send out suggested dates, confirmed location and survey regarding suggested topics for discussion