



Woollahra Library

Resources and suggestions for CHILDREN with reading, writing, learning and spelling difficulties, including dyslexia

BOOKS

- BERRYMAN, Faye *Fitzroy readers* LT 428 FIT
Graded stories based on sounds and sight words. For children 3-8 years.
- HORNSBY, Beve *Before Alpha* 649.5 HOR
Learning games, stories, rhymes, vocabulary building. For children 3-8 years.
- HORNSBY, Beve *Alpha to Omega : The A-Z of teaching reading writing and spelling - a phonetic, linguistic approach* 428.34 POO
For readers 8 years to adult.
- IRLLEN, Helen *Reading by the colors* 616.8553
The coloured glasses, coloured plastic overlays or coloured cellophane paper improves the stability of the print for many adults and children. Test the best colour by placing the sheets over a page of a book.
- PHELOUNG, Barbara *Overcoming learning difficulties* LT 371.9 PHE/1
- PHELOUNG, Barbara *Help your class to learn* 155.412 PHE
- STORDY, Jacqueline *The LCP Solution : the remarkable nutritional treatment for ADHD, Dyslexia and Dyspraxia* 616.85 STO

VIDEO

- Jolly Phonics 1&2* For 3-8 years VJF JOLL
- Move to learn : dealing with learning difficulties* V 371.926 PHE

SUGGESTED STRATEGIES

- **Talking books** - listen a few times and then try and read together
- **Speed copying to improve writing** :
 1. Choose a paragraph of the writing of your choice, 1-6 sentences
 2. Remember 1 whole sentence, or a half, if it is too long
 3. Then write the sentence from memory
 4. Then write further sentences from memory
 5. Repeat this exercise 6 times
 6. Now write the paragraph from memoryThis exercise will help the memory (important for Dyslexics) spelling, grammar, punctuation and word order. It is suggested that speed copying should be practised 20 minutes per day.
- **Reading Freedom 2000 programme** - www.pascalpress.com.au or ☎ 8585 4044 to order
- **Website:** www.speldnsw.org.au
- See also **Woollahra Library's** suggestions for adults and a further selection of books on dyslexia and reading problems - go to the **Library's homepage** and look under **Reference and Other Services - Reader's advice**