



# ADHC Metro South Region

## Stronger Together Service Directory

July 2006 - June 2011

Version 3.0

Stronger Together Implementation  
Ageing, Disability and Home Care, Department of Human Services NSW  
April 2011



**Human Services**  
Ageing, Disability & Home Care

# Document approval

The ***Metro South Region Stronger Together Service Directory*** has been endorsed and approved by:

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Approved: 13 April 2011

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# Purpose of the Stronger Together Service Directory

In 2005 The NSW Government announced *Stronger Together: a new direction for disability services: 2006-2016*. The *Stronger Together* program aims to provide greater assistance and long-term practical solutions for people with a disability and their families.

The implementation of the *Stronger Together* program in Metro South has:

- created fair and more transparent access to services;
- helped people remain in their own homes;
- linked services to people with a disability and their families/carers with the greatest need;
- provided more options for people living in specialist support services;
- provided services to strengthen families and enabling children with a disability to grow up in a family and participate in the community; and
- supported adults with a disability to live in and be part of the community.

This Service Directory outlines the services which have been funded through the *Stronger Together* program between July 2006 and June 2009. As more services are funded, this directory will be updated and distributed.

The Stronger Together Service Directory only includes services funded through the *Stronger Together* program. It does not include other services Ageing Disability and Home Care, NSW Department of Human Services (ADHC) fund through the Home and Community Care (HACC), CSTDA or Ageing programs.

# 1. Stronger Together Flexible Respite

Flexible respite is a service that offers a combination of own home, centre-based, host family and peer support respite. It includes respite where day outings and camping trips are taken and is distinguished from recreation and holiday programs because the primary purpose is respite.

Flexible Respite services provide:

- Flexible and responsive service delivery in line with the needs of individuals, families and carers;
- A range of respite service types in order to ensure flexibility;
- Meaningful and positive activities and experiences for individuals with a disability in respite care; and
- Breaks for carers of people with a disability.

## Activities:

The activities of Flexible/Combination Respite Services include:

- a) Delivering respite services including own home, centre-based, host family and peer support;
- b) Undertaking and/or facilitating assessment/s in participation with individuals, families and carers and other agencies where necessary;
- c) In partnership with individuals, families and carers, explaining and identifying the range of respite options which may be appropriate in meeting needs and circumstances;
- d) In conjunction with the individual and their carer/family, developing a respite plan for each family/individual which outlines:
  - Identified needs,
  - Agreed respite options and timeframes,
  - Roles and responsibilities of those involved in the provision of respite care,
  - Ongoing evaluation and review of respite options in regard to their quality and effectiveness in meeting identified needs and options,
  - Agreed process and timeframe for review of respite plan and identified needs,
  - Strategies to facilitate integration into mainstream out of school hours and vacation care services (if service relates to respite for children aged 5-12 years outside school hours and during vacation periods).
- e) Providing appropriate respite type services in accordance with the agreed respite options in the client's respite plan;
- f) Establishing and maintaining formal and informal links with other service providers involved in the provision of respite care and other supports to individuals to ensure the respite is one part of a total coordinated range of support services;
- g) Ensuring that the service delivery addresses the full range of support and assistance provided to the individual in their usual care arrangements, including personal care and support with activities of daily living;
- h) Providing opportunities for people to participate in age appropriate recreation, leisure and education activities of their choice;
- i) Prioritising access to respite on the basis of need;

- j) Ensuring a planned approach to service delivery; and
- k) Co-operating with the Commonwealth Carer Respite Centres in the provision of information and advice regarding respite.

## **Referral Process**

Referrals can be made directly to the organisation or to the Metro South Information, Referral and Intake Team. All referrals will be processed at the Eligibility and Prioritisation (EAP) Panel and allocated to the most appropriate service.

## **Service Providers**

### **Alleena / Warrambucca Flexible Respite**

**Address:** Level 3, 171-179 Queen Street  
Campbelltown NSW 2560

**Ph:** 4633 2111 or 1300 797 606

**Fax:** 4633 2100

**Email:** [BMA@ADHC.nsw.gov.au](mailto:BMA@ADHC.nsw.gov.au)

**Target group:** Aboriginal people with a disability aged between 0 – 65 years

**Area covered:** All of the Metro South Region including City of Sydney, Woollahra, Waverley, Randwick, Botany, Hurstville, Rockdale, Kogarah and Sutherland, Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury, Leichhardt, Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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### **CatholicCare**

**Address:** Level 1, Suite 2,  
45-47 Scott Street  
Liverpool NSW 2170

**Phone:** 8778 4222

**Fax:** 8778 4200

**Target group:** People with a disability aged between 0 – 65 years

**Area Covered:** South West Sydney Local Planning Area (LPA) including Bankstown, Fairfield and Liverpool local government areas.

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### **Eastern Respite and Recreation**

**Address:** Suite 602- 806/812 Anzac Parade  
Maroubra NSW 2035

**Phone:** 9349 4666

**Fax:** 9349 4800

**Email:** [err@easternrespite.com.au](mailto:err@easternrespite.com.au)

**Target group:** People with a disability aged between 0 – 65 years

**Area Covered:** South East Sydney LPA including Randwick, Waverley, Woollahra, Botany and City of Sydney local government areas

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### **Ella**

**Address:** 58A Dalhousie Street  
Haberfield NSW 2045

**Phone:** 9798 5140

**Fax:** 9799 6182

**Email:** [rteamleader@ella.org.au](mailto:rteamleader@ella.org.au) or [reception@ella.org.au](mailto:reception@ella.org.au)

**Target group:** Adults (18 – 64 years) with a disability living in the Inner West LPA

**Area Covered:** Inner West LPA including Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

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### **House With No Steps**

**Address:** 309 Forest Road  
Bexley NSW 2207

**Phone:** 9451 1511

**Email:** [respite@hwns.com.au](mailto:respite@hwns.com.au)

**Target group:** People with a disability aged between 15 and 54 years of age

**Area Covered:** South East Sydney LPA including Hurstville, Rockdale, Kogarah and Sutherland local government areas

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### **Interchange Wingecarribee Inc**

**Address:** 59 Kirkham Road  
Bowral NSW 2576

**Phone:** 4862 2644

**Fax:** 4862 1563

**Target group:** People with a disability aged between 0 – 65 years of age

**Area Covered:** South West Sydney LPA including Wingecarribee local government area

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### **Life Without Barriers**

**Address:** Suite 1, Level 1  
81 Railway Street  
Rockdale NSW 2216

**Phone:** 9556 3200

**Fax:** 9556 3691

**Target group:** Children and adults aged between 0 – 65 years

**Area Covered:** South East Sydney LPA including Randwick, Waverley, Woollahra, Botany and City of Sydney

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### **Macarthur District Temporary Family Care**

**Address:** 2-3 Surrey Street  
Minto NSW 2566

**Phone:** 9603 7011

**Fax:** 9603 7982

**Email:** [care@mdtfc.org.au](mailto:care@mdtfc.org.au)

**Target Group:** 0 – 65 years

**Area Covered:** South west Sydney LPA including Campbelltown, Camden and Wollondilly local government areas

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### **Sunnyfield (South East)**

**Address:** 669-673 Anzac Parade  
Maroubra NSW 2036

**Phone:** 315 5730 or 9349 3400

**Fax:** 9315 5834

**Email:** [respite@sunnyfield.com.au](mailto:respite@sunnyfield.com.au)

**Target group:** People with a disability aged between 0 – 65 years old

**Area Covered:** South East Sydney LPA including City of Sydney, Woollahra, Waverley, Randwick, Botany, Hurstville, Rockdale, Kogarah and Sutherland, local government areas

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### **Sunnyfield (Inner West)**

**Address:** 184 Unwins Bridge Road  
St Peters NSW 2044

**Phone:** 9516 2472 & 9557 5340

**Fax:** 9557 4360

**Email:** [respite@sunnyfield.com.au](mailto:respite@sunnyfield.com.au)

**Target group:** 0 – 65 years old living in the Inner West LPA

**Area Covered:** Inner West LPA including Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

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### **Wyanga Aboriginal Aged Care Program**

**Address:** Wyanga Flexible Respite SES  
35 Cope Street  
Redfern NSW 2016

**Phone:** 9319 7171

**Fax:** 9319 7212

**Email:** [wyanga@msn.com](mailto:wyanga@msn.com)

**Target group:** Aboriginal people with a disability aged between 0 – 65 years

**Area Covered:** All of the South East Sydney LPA including City of Sydney, Woollahra, Waverley, Randwick, Botany, Hurstville, Rockdale, Kogarah and Sutherland local government areas

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## 2. Teen Time

*Teen Time - After School and Vacation Support for Working Parents Program* is an after school and vacation support program for secondary students with an intellectual disability where they can spend time with their peers in age appropriate activities that address the needs and interests of the child/young person.

For the student to be eligible for this program the parents or carers need to be working, studying and/or seeking employment.

### Referral Process

Referrals can be made directly to the organisation or to Metro South Information, Referral and Intake Team. All referrals will be processed at the Eligibility and Prioritisation Panel and allocated to the most appropriate service.

### Service Providers

#### FRANS - Family Resource and Network Support Inc

**Address:** 113-117 Edwin Street  
Croydon NSW 2132

**Phone:** 9797 5303

**Fax:** 9798 5115

**Email:** [gm@frans.com.au](mailto:gm@frans.com.au)

**Target Group:** Teenagers with a disability attending high school and living in the Inner West LPA

**Area Covered:** Inner West LPA including Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

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#### Share Care

**Address:** Suite 3, Level 2  
157-161 George Street  
Liverpool NSW 2170

**Phone:** 9734 9888

**Email:** [savalos@sharecare.org.au](mailto:savalos@sharecare.org.au)

**Target group:** Teenagers (12 – 18 year olds) with a disability attending high school and living in the South West Sydney LPA

**Area Covered:** South West Sydney LPA including Bankstown, Fairfield and Liverpool local government areas

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### 3. Centre Based Respite

The objectives of a Centre-Based Respite Service are to provide:

- Planned short-term and time-limited breaks for families and other unpaid care givers of people with a disability in order to support and maintain the primary care-giver relationship;
- A positive experience for the person with a disability; and
- Services that reduce the potential for the breakdown of formal and informal supports for a person with a disability.

#### **Description:**

Centre-Based Respite is where a person stays for longer than a day in a general respite centre providing respite services for people with a disability.

Centre Based Respite may have a specialised focus or dedicate periods of time for a specialist focus. For example:

- A respite centre may dedicate particular periods of time for the exclusive use of the centre by women or men only, or other client characteristics depending on the needs of the client group.
- A respite centre may specialise in school age or adult age groups. A generalist centre may also dedicate particular periods for the use of a single age group.

Centre Based Respite is not provided to children from 0 to 6 years of age. Where possible, children and young people should be supported in families or family-like environments through enhanced flexibility and focus on in-home supports.

#### **Referral Process**

Referrals can be made directly to the organisation or to Metro South Information, Referral and Intake Team. All referrals will be processed at the Eligibility and Prioritisation (EAP) Panel and allocated to the most appropriate service.

### Service Providers

#### **CatholicCare**

**Address:** Norma Parker Respite House  
78 Hampden Road  
Lakemba NSW 2195

**Phone:** 8778 4222

**Fax:** 8778 4200

**Target group:** Adults with a disability (18 – 64 years of age)

**Area Covered:** Inner West LPA including Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

### **Sunnyfield**

**Address:** 21 Cook St  
Caringbah NSW 2229

**Phone:** 9524 1736

**Fax:** 8977 2918

**Email:** [respite@sunnyfield.com.au](mailto:respite@sunnyfield.com.au)

**Target group:** 7 - 18 years old

**Area Covered:** Children and young people with disabilities living in the Hurstville, Rockdale, Kogarah and Sutherland local government areas

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### **Sylvanvale Foundation**

**Address:** 97 Loftus Road  
Loftus NSW 2232

**Phone:** 8536 0100

**Fax:** 9521 3610

**Email:** [enquiries@sylvanvale.com.au](mailto:enquiries@sylvanvale.com.au)

**Target group:** Adults with a disability (18 – 65)

**Area Covered:** Hurstville, Rockdale, Kogarah and Sutherland local government areas

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### **The Disability Trust**

**Address:** 15 Parmenter Court  
East Bowral NSW 2576

**Phone:** 4860 1100

**Fax:** 4887 4495

**Email:** [info@disabilitytrst.org.au](mailto:info@disabilitytrst.org.au)

**Target group:** Children and adults with a disability - 7 – 65 years of age

**Area Covered:** Wingecarribee and Wollondilly local government areas

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## 4. Leisure Link

Leisure Link provides a weekend and/or evening program for people with a disability, where they can spend time with their peers in age appropriate creative, recreation and leisure activities. Some vacation care and after school programs may be offered.

*Leisure Link* recognises the key role that the arts, sport, recreation and leisure activities play in everyone's social and physical well-being. It has an early intervention approach for people with a disability.

Support under this program may be provided at an individual or group level. It may be delivered within the community, or as a centre-based activity. It may utilise mainstream programs, provide a disability specific option, or a more mixed approach.

Activities are to be provided in a planned manner, appropriate to the interests, abilities and choices of the individuals accessing services.

The following are examples of activities that may be provided under *Leisure Link*, and are indicative of the scope of this program:

- Art
- Music/being in a band
- Drama
- Weekend holiday
- Camping with peers
- Weekend bush and adventure interests
- Disco/dance nights
- Individual sports e.g. skating
- After school youth groups
- Team sports
- Individualised mentoring programs
- Fitness programs

### **Leisure Link for Young People with Challenging Behaviours**

Where a service is specifically funded for *Young People with Challenging Behaviours*, the program will provide out of school hours support for young people who are at risk of suspension or expulsion from school. Through the program eligible young people who are attending high school (or in some circumstances transitioning to high school) can access age appropriate recreation, leisure and mentoring programs during weekends, evenings or school holidays. The program focuses on supporting young people's positive behaviours, improving communication skills and expanding peer friendships through community based programs. The service model supplements school based supports and provides a 'respite effect' for families.

The program aims to build the capacity and confidence of individual young people to participate and interact with people in positive ways across different contexts. Using individual plans that integrate school, home and community involvements, *Leisure Link* delivers customised programs focused on young people's individual interests, goals and needs. By linking up with existing youth groups and community activities *Leisure Link* fosters community inclusion and the development of partnerships between disability organisations, youth groups and local arts, recreation and sport providers.

### **Referral Process:**

Referrals are made directly to the service providers.

## Service Providers

### **Disability South West Inc**

**Address:** PO Box 748  
Liverpool NSW 2170

**Phone:** 9821 2811

**Fax:** 9601 2473

**Target group:** Young people with challenging behaviours (12 – 16 years of age)

**Area covered:** South West Sydney LPA including Bankstown, Fairfield and Liverpool local government areas

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### **Interchange Wingecarribee Inc**

**Address:** 59 Kirkham Road  
Bowral NSW 2576

**Phone:** 4862 2644

**Fax:** 4862 1563

**Target group:** Adults (16 – 65 years of age) and young people with challenging behaviours (12 – 16)

**Area covered:** South West Sydney LPA including Wingecarribee local government area

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### **Macarthur Disability Services**

**Address:** Level 8, 138 Queen Street  
Campbelltown NSW 2560

**Phone:** 4621 8400

**Fax:** 4628 4006

**Email:** [information@mdservices.com.au](mailto:information@mdservices.com.au)

**Target group:** Young people with challenging behaviours (12 – 16 years of age) and Young people 16 – 25

**Area covered:** South West Sydney LPA including Liverpool, Campbelltown and Camden local government areas

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### **Cerebral Palsy Alliance**

**Address:** Marconi Centre  
224 Restwell Road  
Prairiewood NSW 2176

**Phone:** 9757 4322 or 1300 888 378

**Fax:** 9757 4071

**Target group:** Adults – 18 – 65 years of age

**Area covered:** South West Sydney LPA including Bankstown, Fairfield and Liverpool local government areas

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### **Woodville Community Services**

**Address:** 30 Biara Street  
Chester Hill NSW 2162

**Phone:** 9645 2145

**Fax:** 9645 5814

**Email:** [info@woodville.org.au](mailto:info@woodville.org.au)

**Target group:** Adults - 18 – 30 years of age and targeting people from CALD background

**Area covered:** South West Sydney LPA including Bankstown, Fairfield and Liverpool local government areas

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## 5. Intensive Family Supports

The objectives of Intensive Family Support are to support families with a child or young person with a disability who are under a high level of stress or in crisis to:

- resolve their immediate difficulties and create a safe, stable and nurturing home environment,
- develop and expand current family centred support options in an effort to reduce the incidence of children and young people with disabilities entering out of home care,
- coordinate the range of ongoing supports a family needs to enhance family capacity to provide ongoing support, and
- provide opportunities for positive development experiences for the child or young person with a disability and their family.

### **Description:**

Intensive Family Support is a short-term, intensive, flexible in-home service, which assists a family with a child or young person with a disability, who is at risk of out of home placement or family breakdown to address their immediate situation and develop sustainable family routines and supports.

It works closely with families under severe stress to assist them achieving what they need to safety care for their child and family, and to reduce the likelihood of permanent out of home placement. IFSO works together with families to recognise their strengths and abilities. We assist families to develop strategies that will make a difference in their lives.

IFSO might be useful when:

- The family may not be able to stay together unless some changes are made
- When relationships are under a lot of stress
- When the health or wellbeing of family members has significantly changed.

IFSO can help with:

- Managing behaviour problems
- Building parents' confidence
- Handling relationship hassles
- Managing stress
- Living with the effects of a child's disability
- Planning daily routines
- Finding useful information
- Linking families to other support services

### **Referral Process:**

Referrals are to be made through the Metro South Information, Referral and Intake Team.

## Service Providers

### CatholicCare

**Address:** PO Box 3127  
Bankstown Centro NSW 2200

**Phone:** 8709 9333

**Fax:** 8700 3390

**Target group:** Families with a child or adolescent with a disability and are at the point of crisis or family breakdown

**Area Covered:** Inner West LPA including Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

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### **Uniting Care Burnside**

**Address:** 6-8 Iolanthe Street  
Campbelltown NSW 2560

**Phone:** 4628 3199

**Fax:** 4628 4754

**Target group:** Families whom have a child (ages 0-17) with a disability and are at the point of crisis or family breakdown; and families with a child or adolescent with a disability from Culturally and Linguistically Diverse Communities or who are Aboriginal

**Area Covered:** South West Sydney LPA including Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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### **Cerebral Palsy Alliance (jointly with Uniting Care Burnside)**

**Address:** Marconi Centre  
224 Restwell Road  
Prairiewood NSW 2176

**Phone:** 9757 4322 or 1300 888 378

**Fax:** 9757 4071

**Target group** Families with a child or adolescent with a disability and are at the point of crisis or family breakdown and families with a child or adolescent with a disability from Culturally and Linguistically Diverse Communities

**Area covered:** South West Sydney LPA including Bankstown, Fairfield and Liverpool local government areas

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## **Cerebral Palsy Alliance**

**Address:** 469 Forest Road

Penshurst NSW 2222

**Phone:** 9586 2943 or 93343700

**Fax:** 9586 1877

**Target group:** Families with a child or adolescent with a disability

**Area covered:** South East Sydney LPA including City of Sydney, Woollahra, Waverley, Randwick, Botany, Hurstville, Rockdale, Kogarah and Sutherland local government areas

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## 6. Extended Family Support

The Extended Family Support (EFS) initiative expands on the Intensive Family Support service (IFS), and provides flexible support to families that have a child with a disability, where there is a risk of out-of-home placement and/or family breakdown.

Support will be offered throughout the Metro South Region offering packages of up to \$50,000 per family. The type of support provided through these packages will vary depending on the individual needs of the child, young person and/or their family, but could include:

- *Extended family support* - access to additional regular respite or activities that provide a 'respite effect'.
- *Short notice out of home placements* – children would be placed with family/professional carers who would be available at short notice as a more appropriate alternative to extended stays in respite.
- *Intensive placement options* – provision of home-based care by a foster family or professional carer for children and young people with challenging behaviours who are currently not able to live full time at home.

**Referral Process:** A referral process is currently being developed.

### Service Provider

#### Uniting Care Burnside

**Address:** 6-8 Iolanthe Street  
Campbelltown NSW 2560

**Phone:** 4628 3199

**Fax:** 4628 4754

**Target group:** Families whom have a child (ages 0-17) with a disability and are at the point of crisis or family breakdown.

**Area Covered:** All of Metro South Region including City of Sydney, Woollahra, Waverley, Randwick, Botany, Hurstville, Rockdale, Kogarah and Sutherland, Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury, Leichhardt, Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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## 7. EarlyStart

### 7.1 EarlyStart: additional early childhood intervention for children with a disability and their families

This program is preventative in focus, aimed at promoting the well-being and resilience of children with a disability and strengthening support for families with the focus of linking people into mainstream services and community supports/activities. The program is for children up to six years of age with a developmental delay or disability.

**Referral Process:** Referrals are to be made directly to the service providers.

### Service Providers

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#### **Pathways Early Childhood Intervention Inc**

**Address:** Yabsley Avenue, Jarvie Park  
Marrickville NSW 2204

**Phone:** 9572 8840

**Fax:** 9572 8840

**Target group:** Children 0 – 6 with a developmental delay or disability

**Area covered:** South East Sydney and Inner West LPA including City of Sydney, Woollahra, Waverley, Randwick, Botany, Hurstville, Rockdale, Kogarah, Sutherland, Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

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#### **Learning Links**

**Address:** 88 Shropshire Street  
Miller NSW 2168

**Phone:** 8783 7111

**Fax:** 8783 7222

**Target group:** Children 0 – 6 with a developmental delay or disability

**Area covered:** South West Sydney LPA including Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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## 7.2 EarlyStart: Post Diagnosis Support

This is an innovative program that provides time limited intervention and support to families in the post diagnosis period until ongoing support is provided by specialist or mainstream children's services.

**Referral Process:** Referrals to be made directly to the service provider.

### Service Providers

#### Learning Links

**Address:** 10 Railway Parade  
Penshurst NSW 2222

**Phone:** 8568 8200

**Fax:** 9580 4788

**Target group:** Children 0 – 6 with a developmental delay or disability

**Area covered:** South East Sydney and South West Sydney LPA including Botany; City of Sydney, Woollahra, Waverley, Randwick, Hurstville, Rockdale, Kogarah, Sutherland, Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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#### Koorana Child and Family Centre Inc

**Address:** 1 Cleary Avenue  
Belmore NSW 2192

**Phone:** 9758 2666

**Fax:** 9759 1245

**Target group:** Children 0 – 6 with a developmental delay or disability

**Area covered:** Inner West LPA including Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

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## 7.3 my plan, my choice : EarlyStart

This is a pilot project running in South West Sydney Local Planning area from July 2009 – June 2011 to trial the use of individualised packaged support.

The program is for children up to six years of age with a developmental delay or disability with the aim to provide families with knowledge, skills and support to meet the needs of their child with a developmental delay or disability to optimise the child's ability to participate in family and community life.

An approved service provider acts as an intermediary providing assistance, advice (as required) enabling the family to identify a range of formal and informal supports which meet their child's needs and are incorporated into everyday experiences and activities.

**Referral Process:** Referrals to this program can be made directly to Ability Options or the Metro South ADHC Information, Referral and Intake Team.

### Service Provider

#### Ability Options Ltd

**Address:** 7 Rowley Street  
Seven Hills NSW 2147

**Phone:** 8811 1777

**Fax:** 9620 8399

**Target group:** Children 0 – 6 with a developmental delay or disability who are not receiving early childhood intervention services

**Area covered:** South West Sydney LPA including Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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## 8. Early Childhood Intervention Therapy

Early Childhood Intervention services have been provided additional funding to enhance the existing therapy services they provide to children aged between 0 – 6 with global developmental delay or disabilities.

Early Childhood Intervention services are support services to assist children up to 6 years of age with a developmental delay or disability to integrate with peers into pre-schools and the wider community.

The features of Early Childhood Intervention services include:

- a family centred approach in line with the needs and priorities of the individual and their family;
- an interagency, multi-disciplinary and collaborative approach to service provision; and
- provision of a range of services to ensure flexibility.

### Service Providers

#### **Pathways Early Childhood Intervention Inc**

**Address:** Yabsley Avenue, Jarvie Park  
Marrickville NSW 2204

**Phone:** 9572 8840

**Fax:** 9572 8840

**Target group:** Children 0 – 6 with a global developmental delay or disability

**Area covered:** South East Sydney including Woollahra, Waverley, Randwick, Botany and City of Sydney local government areas

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#### **Koorana Child and Family Centre Inc**

**Address:** 1 Cleary Avenue  
Belmore NSW 2192

**Phone:** 9758 2666

**Fax:** 9759 1245

**Target group:** Children 0 – 6 with a global developmental delay or disability

**Area covered:** Inner West LPA including Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

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### **Learning Links**

**Address:** 12 Pindari Road  
Peakhurst Heights NSW 2210

**Phone:** 8525 8222

**Fax:** 9580 4788

**Target group:** Children 0 – 6 with a global developmental delay or disability

**Area covered:** South East and South West Sydney LPA including Botany; City of Sydney; Woollahra, Waverley; Randwick, Hurstville, Rockdale, Kogarah, Sutherland, Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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### **CatholicCare**

**Address:** 625 Cabramatta Road  
Cabramatta West NSW 2166

**Phone:** 9822 9855

**Fax:** 9823 5490

**Target group:** Children 0 – 6 with a global developmental delay or disability

**Area covered:** South West Sydney LPA including Bankstown, Fairfield, Liverpool, local government areas

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### **KU Children's Services**

**Address:** Level 4, 129 York Street  
Sydney NSW 2000

**Phone:** 9268 3910

**Fax:** 9264 6653

**Target group:** Children 0 – 6 with a global developmental delay or disability

**Area covered:** Inner West and South West Sydney LPA including Burwood, Canterbury, Ashfield, Canada bay, Strathfield, Leichhardt, Marrickville, Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

## 9. Therapy Transition to School

The Therapy Transition to School program aims to provide intensive therapy to the child with a global developmental delay or disability who will be attending mainstream school in the following year. Therapy provided includes Occupational Therapy, Physiotherapy and Speech Pathology. The program runs for 12 months from July the year prior to the child beginning school and finishes in June the following year.

Mainstream School Settings include all mainstream classes and IO, IS units in Department of Education and Training Schools and Independent Schools. Children attending the satellite classes of ASPECT where some components of the student's timetables occur within the mainstream setting are considered mainstream school placements.

### **Referral Process:**

Referrals can be made directly to the service providers or to Metro South ADHC Information, Referral and Intake Team. All referrals will be processed at the Eligibility and Prioritisation Panel and allocated to the most appropriate service.

## **Service Providers**

### **Lifestart**

**Address:** Maroubra Bay Public School,  
Duncan Street  
Maroubra Junction NSW 2035

**Phone:** 9344 4081

**Email:** [easternsydney@lifestart.org.au](mailto:easternsydney@lifestart.org.au)

**Target group:** Children with a global developmental delay who will be attending mainstream schools in the following year

**Area Covered:** South East Sydney LPA including City of Sydney, Woollahra, Waverley, Randwick and Botany local government areas

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### **Northcott Disability Services**

**Address:** 3 Chamberlain Street  
Campbelltown NSW 2560

**Phone:** 4625 1061

**Fax:** 4625 6389

**Email:** [macarthurcm@northcott.com.au](mailto:macarthurcm@northcott.com.au)

**Target group:** Children with a global developmental delay who will be attending mainstream schools in the following year

**Area Covered:** South West Sydney LPA including Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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### **Pathways Early Childhood Intervention Inc**

**Address:** Yabsley Avenue, Jarvie Park  
Marrickville NSW 2204

**Phone:** 9572 8840

**Fax:** 9572 8840

**Target group:** Children with a global developmental delay who will be attending mainstream schools in the following year

**Area covered:** Inner West LPA including Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury and Leichhardt local government areas

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### **Cerebral Palsy Alliance**

**Address:** 469 Forest Road  
Penshurst NSW 2222

**Phone:** 9586 2943 or 93343700

**Fax:** 9586 1877

**Target group:** Children with a global developmental delay who will be attending mainstream schools in the following year

**Area covered:** South East Sydney LPA including Hurstville, Rockdale, Kogarah and Sutherland local government areas

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# 10. School-Age Therapy

The aim of this service is to provide therapy to school age people who have been on waiting lists and who have not been able to access a service.

The service can be implemented within the home, school or community to facilitate the inclusion of the person with a disability in these environments.

## **Referral Process:**

Referrals can be made to this program through Information, Referral and Intake Team, Fairfield Community Support Team or directly to Northcott Disability Services or Cerebral Palsy Alliance.

## **Service Providers**

### **Northcott Disability Services**

**Address:** School Age Therapy Team  
99 Rose Street  
Liverpool NSW 2170

**Phone:** 9600 3922

**Fax:** 9600 3954

**Target Group:** School age children who have a significant and/or complex needs and not currently receiving a therapy service

**Area Covered:** South West Sydney local planning area including Bankstown, Fairfield and Liverpool Local Government areas

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### **Cerebral Palsy Alliance**

**Address:** Fairfield City Marconi Centre,  
224-244 Restwell Road  
Prairiewood NSW 2164

**Phone:** 9757 4322

**Fax:** 9757 4071

**Target Group:** School age children who have a significant and/or complex need and not currently receiving a therapy service

**Area Covered:** South West Sydney local planning area including Bankstown, Fairfield and Liverpool Local Government areas

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# 11. On-line Resources for Families

A comprehensive new resource to support parents of children with a disability is now available on the Raising Children website: [www.raisingchildren.net.au/disabilities](http://www.raisingchildren.net.au/disabilities)

This website addresses common concerns such as:

- parents' reactions to a disability diagnosis
- helping siblings of a child with a disability
- disability rights and the law
- working with professionals and accessing services/supports
- choosing childcare and a school
- routines, play, health and fitness for children with a disability
- also includes a disability dictionary, film clips of families sharing their experiences and forums for families to communicate with each other.

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# 12. New Support Networks

Innovative support networks are being established for three groups: young people with disabilities; siblings; and parents. Funding is for three years from 2007/08 - 2009/10.

## Referral Process

Referrals to be made directly to the service providers.

## Service Providers

### Autism Spectrum Australia

**Address:** 41 Cook Street  
Forestville NSW 2087

**Phone:** 8977 8302

**Email:** [infoline@aspect.org.au](mailto:infoline@aspect.org.au)

**Area covered:** all of Metro South including City of Sydney, Woollahra, Waverley, Randwick, Botany, Hurstville, Rockdale, Kogarah and Sutherland, Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury, Leichhardt, Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

### Programs offered:

- Autism Spectrum Disorder Peer Support Network project
- Autism Spectrum Disorder - Peer Support Network with a CALD focus

### **Junction Works**

**Address:** Craik Park Cnr Fourth & Eleventh Avenue  
Austral NSW 2179

**Phone:** 9606 9628

**Target Group:** Brothers and sisters (8 – 18 years of age) of a young person with a disability.

**Area Covered:** South West Sydney LPA including Bankstown, Fairfield, Liverpool, Campbelltown, Camden and Wollondilly local government areas

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## **13. Autism**

Intensive assistance to families with children 0 – 6 years with a diagnosis of autism and challenging behaviour who are not attending school. Access to this program is through the metro South Information, Referral and Intake Team.

### **Service Provider**

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#### **Autism Behavioural Intervention NSW**

**Address:** Suite 202  
35 Doody Street  
Alexandria NSW 2015

**Phone:** 9669 2250

**Fax:** 9669 2240

**Email:** [info@abinsw.org.au](mailto:info@abinsw.org.au)

**Target Group:** Children aged 0 – 6 with a formal diagnosis of an Autism Spectrum Disorder

**Area Covered:** All of the Metro South Region including City of Sydney, Woollahra, Waverley, Randwick, Botany, Hurstville, Rockdale, Kogarah and Sutherland, Burwood, Ashfield, Strathfield, Canada Bay, Marrickville, Canterbury, Leichhardt, Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee local government areas

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## 14. Inclusive Community Education

The ICEP is a two year pilot program operated by the Respite Directorate. It is a flexible respite program that aims to give carers a break by providing recreation and leisure courses for adults with a disability. It also aims to give people with a disability an opportunity to build social networks with their peers outside usual service hours.

Four Community Colleges will be funded to provide a range of courses (such as sports, music, craft, etc) to people with a disability. The pilot will operate from July 2010 – June 2012.

Sydney Community College (SCC) will provide courses in Metro South. Like most Community College courses the days, times and duration will vary depending on the course chosen. Please contact SCC for course schedule. Courses will also be advertised in the Community College course booklet and on the College website.

### Who can access ICEP?

The ICEP pilot is for people with a disability who:

- are aged 18-45 years
- have an unpaid carer (people who are recipients of the Carers Allowance or other benefits are considered to be unpaid carers)
- are living in the community. People who currently live in ADHC funded or operated accommodation are not eligible as the focus is to provide respite to an unpaid carer.

### Referral Process:

Referrals can be made to this program directly through the service provider.

## Service Provider

### Sydney Community College

Address: [www.sydneycolllege.com.au](http://www.sydneycolllege.com.au)

Phone: 8752 7571

Email: [duncan.rose@scc.nsw.edu.au](mailto:duncan.rose@scc.nsw.edu.au)

**Target Group:** People aged 18-45 years, who have carers and are living in the community.

**Area Covered:** Inner West: Ashfield, Burwood, Canada Bay, Canterbury, Leichhardt, Marrickville, Strathfield.

South East Sydney: Botany Bay, City of Sydney, Randwick, Rockdale, Waverly, Woollahra.

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# 15. Independent Living Support Initiative

The Independent Living Support Initiative (ILSI) aims to help people with a disability with low to moderate support needs, who have ageing carers and who have the goal of community-based accommodation. The program aims to maintain or broaden long-term accommodation options in the community. Support will be provided through intensive living skills development, help to develop your own effective support networks, training, and the development of a plan that assists you with individual goals and aspirations (person centred planning). Accommodation is not provided through this program.

In the ILSI program you will be able to access up to 35 hours per week of drop-in accommodation support from trained staff. Living skills training and guidance to develop your support network is also provided.

## Who is eligible for ILSI?

In the first stage of the ILSI project is providing services to people who:

- have a disability with low-moderate support needs;
- have an ageing carer;
- are between 18 and 64 years of age;
- have the capacity to live more independently in the community following an initial period of intense training and skills development;
- require no more than 35 hours per week of staff support and do not require overnight support (the amount of support provided will be decided based upon review of the client's existing skills and may reduce over time);
- with their family, are committed to working with the support provider/s to set their independent living goals and their future aspirations;
- with their family, have identified independent living as a goal or aspiration;
- have identified access to suitable stable housing options within the first three months, for example the family home, a rented apartment, shared accommodation with sibling or flat mate. Property (e.g. house, unit, etc) is not provided through this program.

People with an assessed acquired brain injury unrelated to drugs or alcohol misuse, and who have ageing carers, may be considered

## Referral Process:

Referrals can be made to this program through Information, Referral and Intake Team and suitability for accommodation support request to be applied.

## Service Provider

### Uniting Care Disability – Supported Living

**Address:** 9 Brighton Avenue  
Croydon Park NSW 2123

**Phone:** 8752 3733 (Team Leader)

**Email:** [ward@unitingcaredisability.org.au](mailto:ward@unitingcaredisability.org.au)

**Target Group:** People aged 18-64 years.

**Area Covered:** Stage one (2010/11) is offering support to those in Sutherland and Hurstville areas of South East Sydney.  
The 2011/12 intake will expand to other areas. For more information, please contact the service provider or AHDC Information, Referral and Intake on 9334 3700.